

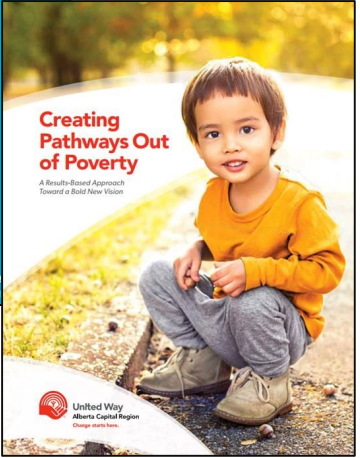
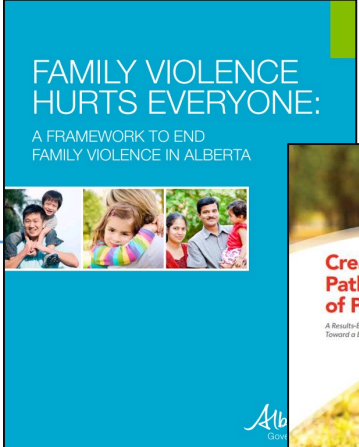
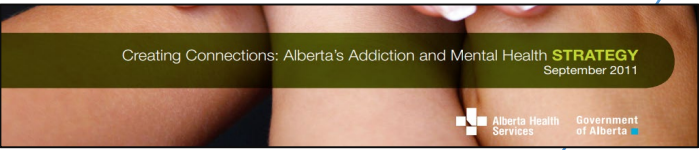
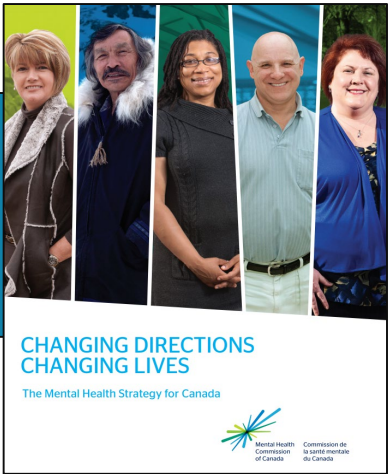
The slide features a background with a vertical orange-to-red gradient on the left and a dark grey-to-blue gradient on the right. A white rectangular border frames the text on the right side.

Community Mental Health Action Plan

October 24, 2018



Gap Analysis of Public Mental Health and Addictions Programs (GAP-MAP) Final Report



Community Mental Health Action Plan



Relationships



Trust

From key
ingredients to
action plan

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EDMONTON & AREA
OCTOBER 2016

Mission

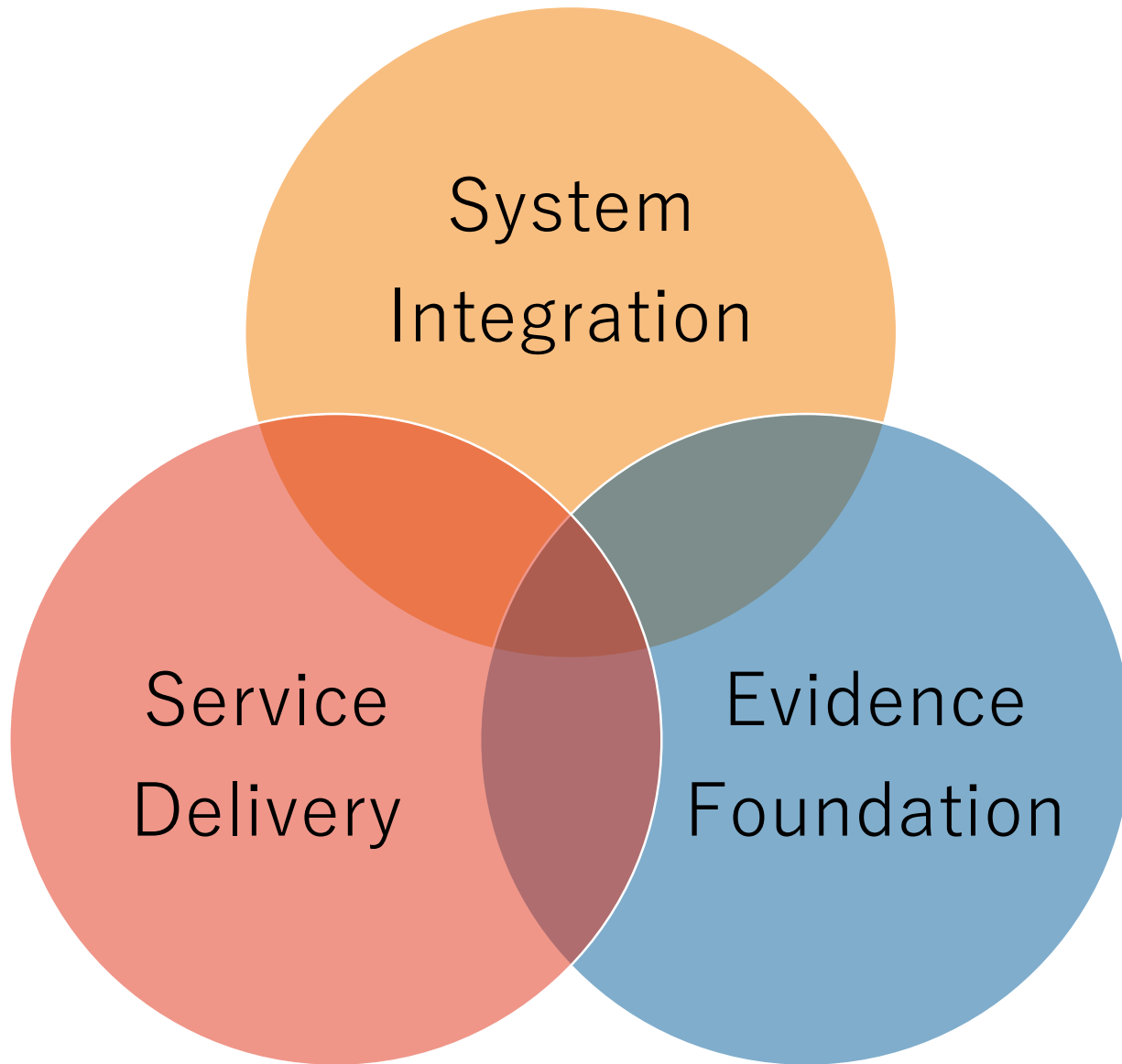
To facilitate stakeholder created, collaborative solutions to mental health system challenges.

Vision

Citizens in Edmonton and area will have access to a better coordinated mental health system that serves their needs across the whole mental health continuum.



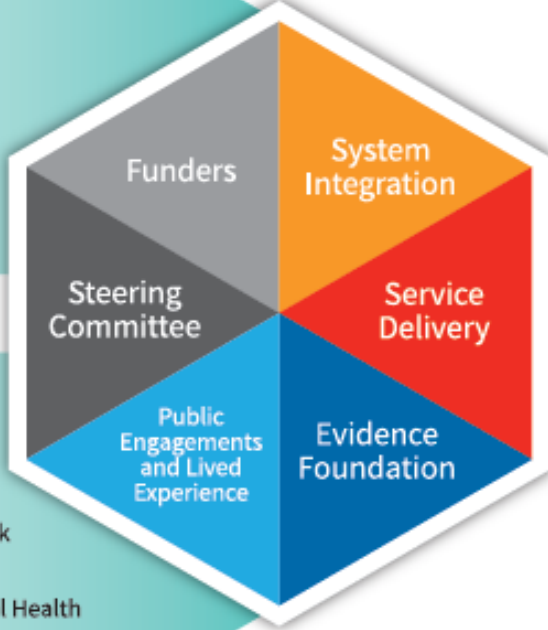
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APPROACHES

Hope | Trust | Passion
Personal | Safe
Accountable | Thoughtful
Level playing field
Relationship-based
Heart-based approach to collaborative planning
Leverage current strengths and opportunities



ALIGNMENTS

EndPovertyEdmonton
Edmonton Suicide Prevention
Implementation Plan
Family Violence Framework
Pathways Out of Poverty
Urban Isolation and Mental Health
Valuing Mental Health
Foundational consultations and reports

PRINCIPLES

Dignity
Compassion
Equality
Diversity
Collaboration
Empowerment
Quality
Evidence-based
Comprehensive

OUTCOMES

More communication, coordination, collaboration
Better access to continuum of mental health care
More opportunities for Albertans to maintain or improve their mental health
Adaptation of Action Plan to other communities

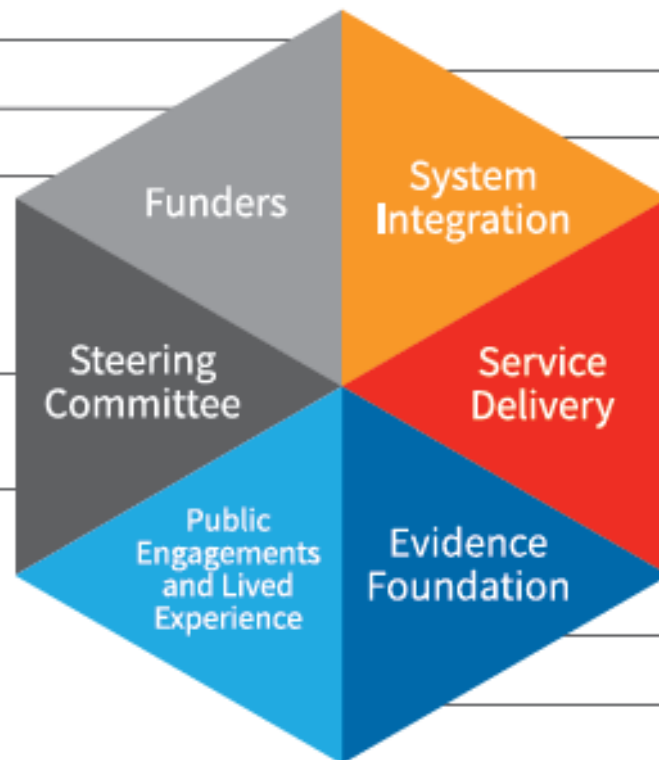
Alberta Community and Social Services

Alberta Health

City of Edmonton

Provincial Community
Mental Health Committee

Calgary Council for Addiction
and Mental Health



Provincial 211 Committee

Task Groups

Provincial Community
Engagement and Training

Task Groups

Provincial Field Guide

Task Groups

Community Stakeholders

Implementation is funded by:



And we receive considerable in-kind support from our community of mental health champions and stakeholders.





END POVERTY IN A GENERATION

A ROAD MAP

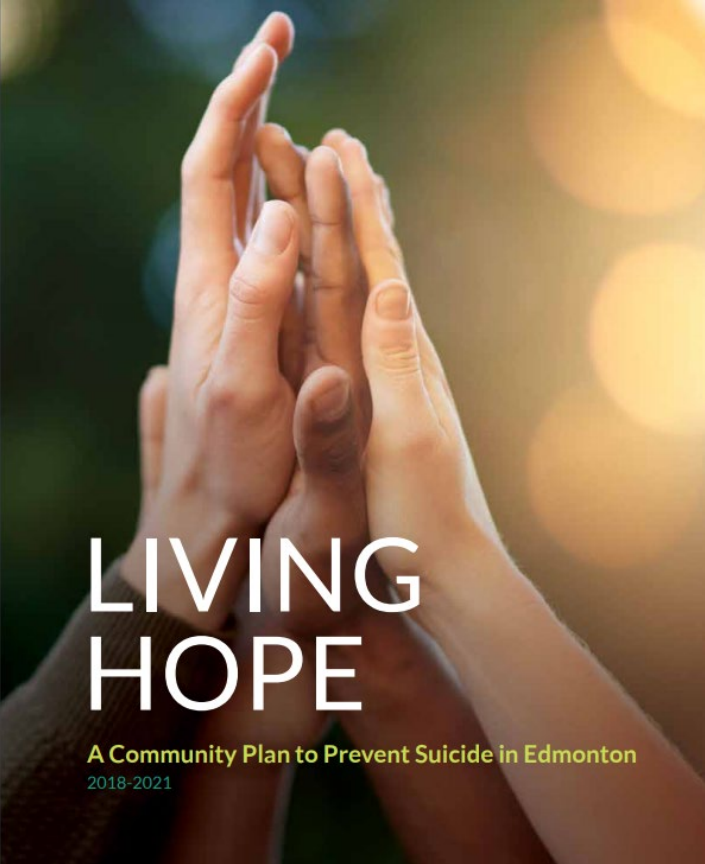
FAMILY VIOLENCE HURTS EVERYONE:

A FRAMEWORK TO END FAMILY VIOLENCE IN ALBERTA



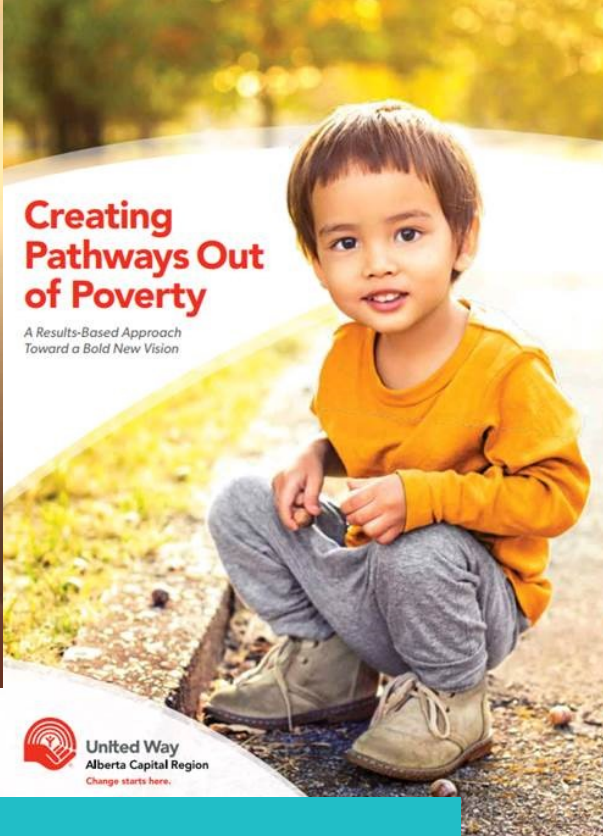
LIVING HOPE

A Community Plan to Prevent Suicide in Edmonton
2018-2021



Creating Pathways Out of Poverty

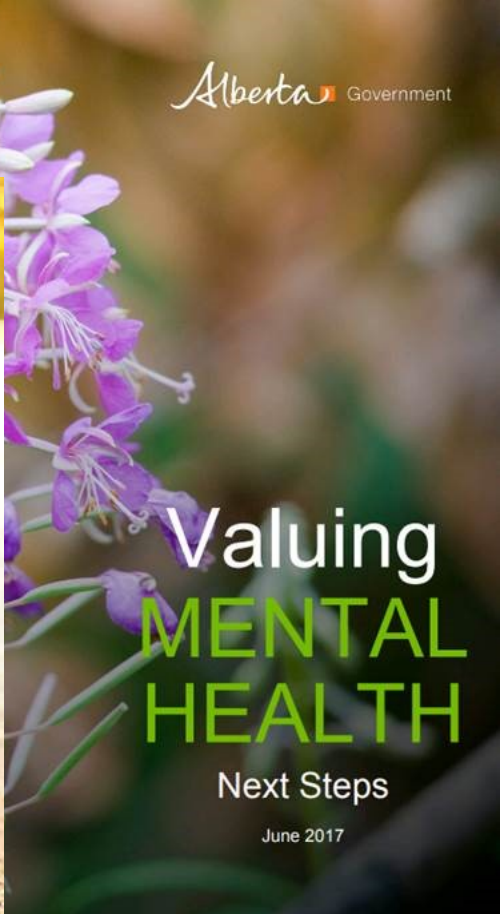
A Results-Based Approach
Toward a Bold New Vision



Valuing MENTAL HEALTH

Next Steps

June 2017



Community Mental Health Action Plan



211

Expanding online
211 services across
the province and
enhancing the 211
Alberta website



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Need Help for Mental Health?

Tip sheet for service providers to use with clients

Are you in a crisis that is life threatening?	CALL: <ul style="list-style-type: none">➤ 911 for emergency assistance
Are you having a mental health crisis and need emergency help to come to you?	CALL: <ul style="list-style-type: none">➤ AHS Crisis Response Team to come to your location 780.342.7777
Do you need to talk to someone right now and it is after hours or can't travel to walk-in services?	CALL: <ul style="list-style-type: none">➤ In Edmonton - Distress Line 780.482.HELP (4357)➤ In Calgary - Crisis Line 403.266.HELP (4357)➤ AHS Mental Health Helpline 1.877.303.2642➤ AHS Addictions Helpline 1.866.332.2322
Do you need help today and are ready to have a conversation?	GO TO WALK-IN COUNSELLING: <ul style="list-style-type: none">➤ In Edmonton - 10 locations - call 211 for a location near you or visit www.dropinyeg.ca or www.momentumcounselling.org➤ In Calgary - Eastside Family Centre 403.299.9696 www.woodshomes.ca
Do you want information about counselling and community support services that are available in your area?	CALL: <ul style="list-style-type: none">➤ 211 to speak to a friendly information and referral expert about where and how to access mental health and community services near you
Do you have questions about your mental health?	CALL: <ul style="list-style-type: none">➤ Your family doctor OR➤ HealthLink at 811 to find a doctor
Do you want information about how to maintain your mental health?	GO TO THE WELLNESS NETWORK: <ul style="list-style-type: none">➤ Take Wellness Quiz: www.wellnessnetworkedmonton.com

DRAFT



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Navigation Focus Group Findings

Navigation as a
competency and
navigation as a
continuum of
support



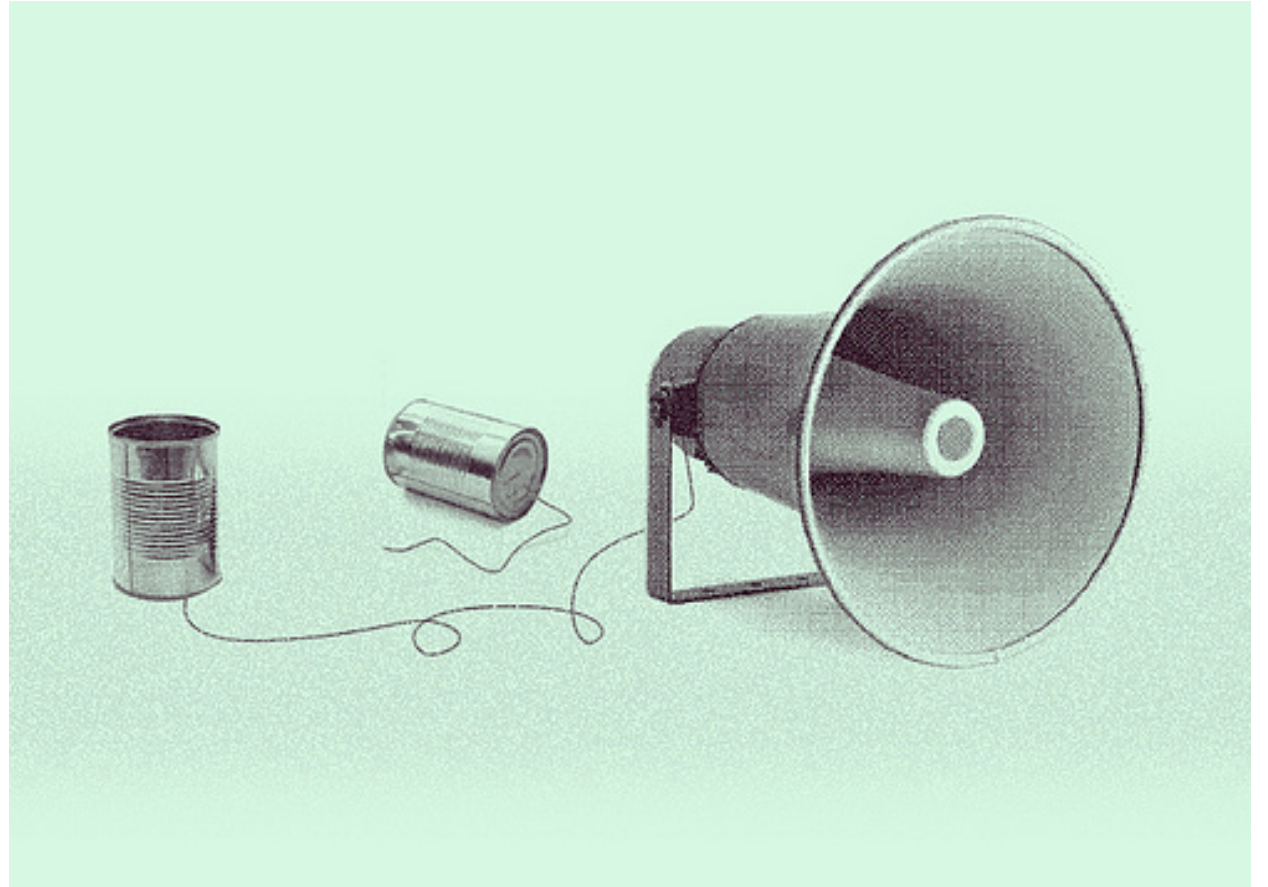
Photo source: <http://blog.homelessinfo.org>



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Information Sharing

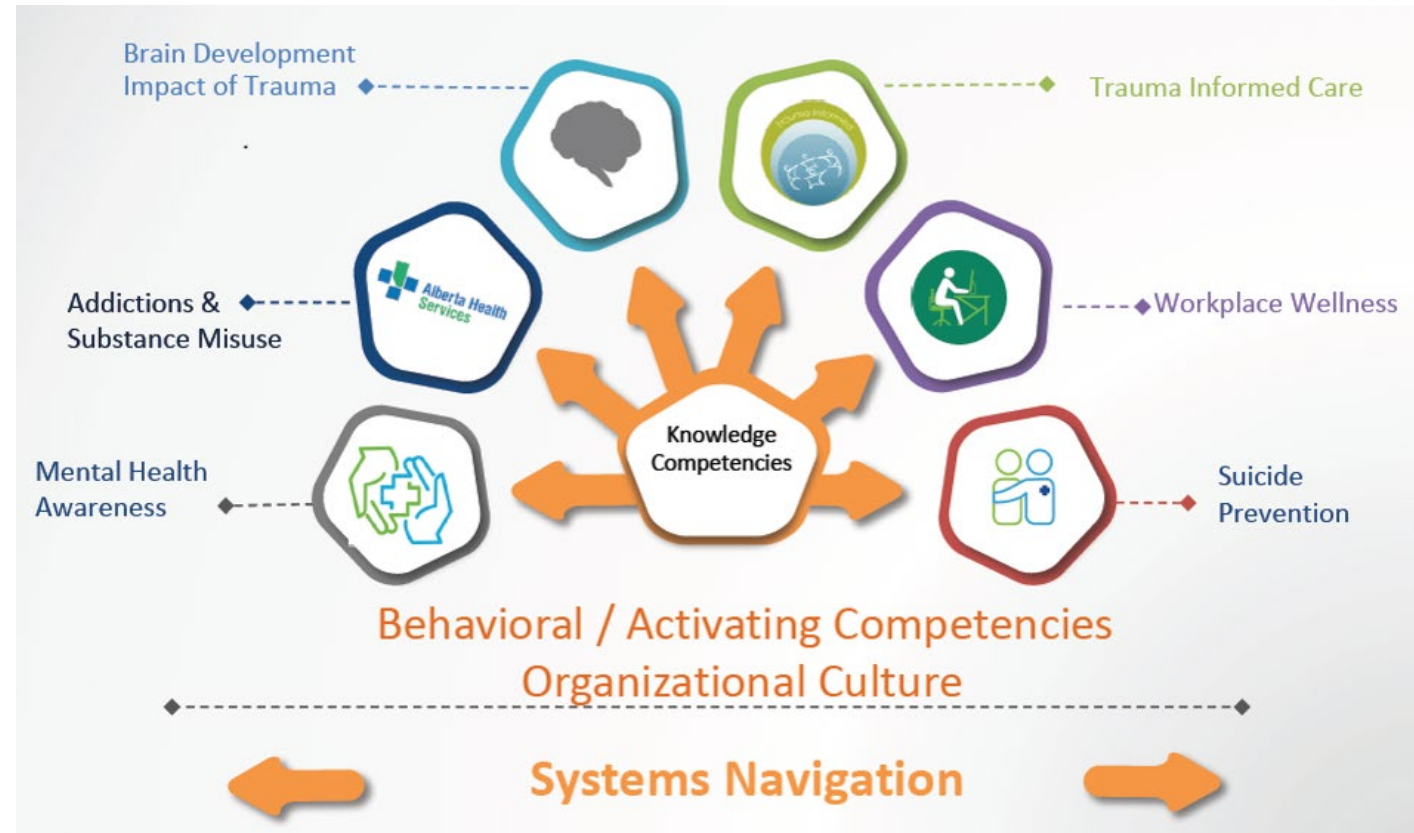
Improving professionals' ability to share personalized information about clients in relation to provision of care



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Mental Health Training Framework

Addressing professional development gaps



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Living Library

Sharing mental health experiences to inform practice and influence policy development



Photo source: <https://blogs.dal.ca/globalhealth/2016/02/09/interprofessional-health-education-living-library/>



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Vulnerable Persons Training

Reducing isolation and criminalization of vulnerable people in the city core who are impacted by mental health and addiction issues



Photo source: <https://edmontoncitycentre.com>



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Contact Us!

info@mentalhealthactionplan.ca
www.myunitedway.ca/mentalhealth